



SynNor Brevet

Synnøve-Nordkap

Lodge #1 - 008

November 2025

Issue Number 25 - 10



Front Page News

November Program



Our November 11 meeting will be fun for everyone! Bring your most precious Norwegian item and share it with the group! This can be your choice of item, either directly from Norway or acquired here.



It could be a special farm or kitchen tool, clothing or jewelry, or anything your imagination might conjure up.

So, do come to the meeting for an excellent meal and program!

Julebord on December 9, 2025

Can you believe it, **Julebord is NEXT MONTH!!!!** I find that hard to comprehend since it is still Fall. However, the reality is that we need to plan for this wonderful annual event that we all look forward to. And, we also have to sign up to bring something to share to celebrate the Christmas season as well as our fellow members. And we may as well celebrate the terrific success that we just had with our Taste of Scandinavia event.

I will have a sign-up sheet at our November 11th meeting, but there is a copy of it here so you can decide what you would like to bring. I will also have another sign-up sheet for volunteers to help with set up, organize food, and clean-up.

The Clean-up part of this Volunteer List is especially important in my mind, since we just had our "Taste" event, and we REALLY needed help cleaning up. You have heard me say at least a thousand times, "Many hands make light work." Well, it is true. Our crew did not get done until 9:45 that night. More hands (attached to helping bodies) could have made that a much earlier time. So, please consider staying to help with this task. Thanks in advance...

Sign-up Sheet for Julebørd on Tuesday, Dec. 9, 2025

Meat

- Potato sausage: _____

- Sliced ham: _____

- Meatballs: _____

- Liver pate / crackers: _____

Fish

- Herring w/crackers : _____

- Salmon: _____

- Shrimp (2-3 lb): _____

Cheese Platter (2 lb. Sliced)

- Gjetost: _____

- Jarlsberg: _____
- Bondøst: _____

Breads (2 loaves sliced, then sliced in half)

- Rye: _____
- Flatbrød: _____
- Lefse: _____

Salad

Vegetables

- Rødkal (red cabbage): _____

- Beet Pickles (1 qt.): _____
- Rutabagas/Carrots: _____

- Sweet/sour Cucumbers (1 qt.): _____

- Red Potatoes w/dill (5 lb.): _____

- Copper Pennies: _____

- Veggie Tray: _____

Desserts

- Risengrøt (Rice pudding): _____
- Kringla: _____
- Rømmegrøt: _____
- Waffles w/Jam & Sour Cream: _____

- Søtsuppe: (Fruit soup): _____
- Kransekake: _____

Cookies (4 dozen)

- Krumkake: _____

- Sandbakkels: _____
- Rosettes: _____
- Spritz: _____

Smørbrød (Open face sandwiches; 4 doz. small):

Other Scandinavian specialties (Specify)

- _____: _____
- _____: _____

President's Letter

Dear Members,

I hope all are in good health.

I want to thank everyone who came to Taste of Scandinavia. I want to thank everyone who volunteered ,and donated, and baked, and cooked, and cleaned up. Thank you!

I want to thank the kids and parents and Jana from Peer Gynt Dancers for dancing.

The November meeting is going to be good, though — good food and our stories of our favorite Norwegian things. I want to talk about my dog Freddie but he is not Norwegian. (But I do have something.)

See you November 11,

Kathy Kaluza, Synnøve-Nordkap President

Synnove-Nordkap Board Nominations 2026

<i>President</i>	Kathy Kaluza
<i>Vice President</i>	Sharon Amann
<i>Secretary</i>	LaRee Opdahl
<i>Treasurer</i>	Connie Chrissis
<i>Counselor</i>	Ron Stow
<i>Cultural Director</i>	Jean Knaak
<i>Scholarship Director</i>	Jill Hanson
<i>Brevet Editor</i>	Becky Foro
<i>Social Directors</i>	Pat Carlson
	Dianne Anderson
<i>Junior Lodge Director</i>	Susan Stow
<i>Director-at-Large</i>	Happy Youngs
<i>District 1 Liaison</i>	Connie Chrissis

These members have agreed to serve on the board of directors for our lodge. The slate of nominations will be presented and voted upon at the November lodge event. Installation of the board and of appointed officers will take place at the December lodge event.

Lodge Officer Positions Available!

Dear Members — Please consider helping the lodge by volunteering as an appointed lodge officer. There are openings for the following positions:

- | | | | | |
|------------|------------|--------------|---|--------------|
| 1. Greeter | 2. Auditor | 3. Librarian | 4. New Land
New Life
Co-coordinator | 5. Historian |
|------------|------------|--------------|---|--------------|

Please call Ron Stow now at 612-845-0393. Your help will be greatly appreciated.

Lodge News

(continued)

Taste of Scandinavia



We celebrated our "Taste" event on Saturday, November 1, and I can truly say that it was a huge success. The Daughters of Norway Executive Board and several other members attended and gave us rave reviews. We also had many other attendees as well as several lodge members.

The doors opened at 5pm to allow visitors to examine and bid on items in the vast Silent Auction, purchase goodies from the Bake Sale, and buy interesting things from Bestafor's Attic. Just before 6pm, Lowell Johnson, our evening's MC, invited our guests to watch the Junior Lodges Per Gynt dancers perform 4 dances.



Then our guests were invited to fill their plates with all of the signature dishes of the "Tastes" which included herring, cheeses, crispbread & crackers, sweet/sour cucumbers, pickled beets, open-faced sandwiches, smoked salmon with cucumbers, lefse, beet salad, red cabbage, lutefisk casserole, fruit soup, rutabaga/carrot bake, potatoes with butter and dill, meatballs & gravy, and lingonberries. And guess what???? Second helpings were offered AND accepted...

The next stop was the Dessert Buffet. Wow!!!! Oh, so many Scandinavian delicacies...heart waffles with toppings of Cool Whip, sour cream, lingonberries and/or jam, krumkake, rosettes, almond cake, rhubarb whip, rice pudding, rommegrot, sandbakkeles, and kringla.

Sprinkled throughout all of this fun, we were entertained by Ole's poetry and musical renditions, as well as Lowell's jokes and encouragement to check Silent Auction bids, and other tidbits of enlightenment.

Silent Auction

Bestafor's	\$700
Attic	\$200
Bake Sale	\$191
Food/tickets	\$1,545.03

(At this time, the expenses have not yet been gathered and subtracted)



Other Local Events

Vestland Lodge in Minnetonka Tuesday, November 18 - Taste of Scandinavia 6:30 p.m. Minnetonka Community Center, 14600 Minnetonka Blvd. Minnetonka. MN 55345 Crafts, food samples and silent auction event. Entrance fee is \$12 per person. Also, enjoy music.	Mindekirken Norwegian Lutheran Church Saturday, November 22 – Lutefisk Dinner Seatings at 12:30, 2:30, and 4:30. Call the church office at 612-874-0716 for tickets. \$27 per person. Address is: 924 E 21 st Street, Minneapolis, MN 55404	First Lutheran Church in Columbia Heights Saturday, January 17, 2026 – Lutefisk Meatball Dinner Seatings at Noon, 2pm, 4pm, 6pm. Tickets go on sale Saturday, November 8, for in person purchase, or call Cheryl at 612-720-9332 during week days. \$25 per person. Address is 1555 40 th Ave. NE, Columbia Heights, MN 55421
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"DINNER FOR ONE" at the Jungle Theater

December 6, 2025 - January 4, 2026

Based on an iconic slapstick comedy sketch and New Year's Eve tradition in Europe for over 60 years (in Norway the skit is shown in black and white every 23rd December, the night before Norwegians celebrate Christmas), DINNER FOR ONE tells the story of a butler helping his employer celebrate her annual dinner party. Unpredictable mishaps and a little too much wine result in a hilarious evening full of physical comedy, improvisation, music, and human connection.

Visit the Jungle Theater website for information: <https://www.jungletheater.org/dinner-for-one>

Watch the original sketch on YouTube: <https://www.youtube.com/watch?v=5n7VI0rC8ZA>

Sons of Norway Book Club

November books:

Main Selection

The Cotter's Son: A Story from Sigdal By H.A. Foss, Translated from the Norwegian by Joel G. Winkjer

Synopsis: This book is considered the most popular Norwegian-American novel, and the publication of this edition makes it available in English for only the second time. First written in 1884 in America by Norwegian immigrant H.A. Foss, this book has enjoyed great popularity among Norwegians, as evidenced by the 16 editions that have been published in Norwegian. It tells the story of Ole Haugen, the son of the poor cotter (farm workers who lived in the small cottages on large European farms) and the love that develops between him and Marie Hovland, the daughter of the owner of the large farm. Class differences are evident in her father's discouragement of their relationship, and Ole emigrates to America to make some money and become financially stable to look better in the eyes of Marie's father. Many adventures await Ole during this three years living in Wisconsin and Chicago. But after some successful business ventures, Ole returns to Norway to once again seek the hand of his beloved Marie.

Mystery Selection

The Mine By Antti Tuomainen, Translated from the Finnish by David Hackston

Synopsis: An investigative reporter sets out to uncover the truth about a mining company in Northern Finland, whose activities have caused an environmental disaster. Timely, atmospheric and chilling Nordic Noir from one of Finland's finest writers...

To Join the Sons of Norway Book Club:

Email your name, Lodge name and number to: SonsofNorwayBookClub@gmail.com

Destination: Chocolate

By Jana Velo



In early October, the Peer Gynt Dancers embarked on a cultural roadtrip to Fargo-Moorhead. The destination was the first-ever **Sjokoladekappleik**, hosted by the Fargo Spelemannslag fiddle group. "Sjokoladekappleik" can be broken into two words: *sjokolade*, chocolate and *kappleik*, folk music and dance competition.



In Norway, Sjokoladekappleik are held annually to encourage youth dancers and musicians to get involved in dancing summits, but without the pressure that comes with competing for the best juried results.

The event was created by Alison Wallace and Maija Lindaas, a Hardanger fiddling mother and daughter duo from Fargo. Maija grew up in the Fargo fiddling community and has gone on to study and teach folk music in southern Norway, where she currently resides.



Junior Lodge Update (continued)

Before the event, we changed into costumes and went to the Hjemkomst Museum in Moorhead. Our visit to the **Hjemkomst Viking ship** and replica of the **Hopperstad stave church** was sponsored by a donation from longtime Synnove-Nordkap member Erna McGuire and the lodge board. This was a much-appreciated surprise for the group.

Fargo's Kringen Lodge building was the venue for the kappleik, so we were surrounded by rosemaling, sweaters and bits of lodge history. Our dancers had a chance to perform three dances, hear fiddlers and accordionists and teach attendees one of our participation dances. After performing, the kids lined up to receive goodie bags of chocolate and snacks and also received some encouraging critique: they had good rhythm and *svikt*—the lilt of the dance—and also did a fine job of leading Per Spelmann themselves.



Norwegian Language Classes

Tuesday Class: November 11. 5:30-6:00 p.m. at Gustavus Adolphus Church before the Lodge Meeting. We will share **Travel to Norway Hints and Phrases**.

Wednesday Class: November 12, 1:00-2:45 p.m. at SunRay Library, 2105 Wilson Ave., St. Paul, MN 55119. We will study **Norwegian Fairy Tales** with Audrey Waage. *(No class on November 26 because of Thanksgiving.)*

WELCOME to new members! You can join our classes at any time!

Sheryl Hove, sherylhove12@gmail.com
651-738-4908

Logging Our Volunteer Hours

A reminder for everyone to keep track of Volunteer Hours for lodge-related activities for the year and fill out a form, returning it to LaRee Opdahl at the next meeting.

DIRECTORY UPDATE

Hey, Everyone,

We really need your help. It seems many of you have given up landlines and/or use cell phone. Many have moved, and some have new email addresses.

We need to record those changes. I have had difficulty recently reaching members because we don't have those changes in our Directory. Please contact Connie Chrissis at 651-276-7226 or cjchrissis@comcast.net

Hardanger Embroidery

The Hardanger embroidery group will meet on Friday, November 21st at 10 at the home of our instructor, Dolores Jacobson. (161 Wedgewood Dr., Mahtomedi, MN.)

It would be a great time for new members to come and start their first project. You are most welcome to join in the fun!

We have plenty of fabric, thread, needles and patterns. *Please bring a pair of small, very sharp scissors.*

Sunshine News:

Sad to report the death of long-time Lodge member Norm Vinnes. At this time, I do not have details.

Sunshine News

Please contact Sharon Amann if you become aware of the death or illness of members so I can send a card from the Lodge.

H/651-631-0399,
C/ 651-706-9700.

Thanks in advance for keeping me informed.

For Information:

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The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to our members.



Synnøve-Nordkap Lodge #1-008:

District 1 Lodge of the Year in 2013, 2018

Family Lodge of the Year in 2006, 2008, 2013, 2016, 2017, 2018

Visit Synnøve-Nordkap online: <https://synn-nord.org>

<https://www.flickr.com/photos/synnor/albums>

<https://peergyntdancers.wordpress.com/about/>

<https://www.facebook.com/SynnoveNordkap/>

Date	Event	Location
Tuesday, November 11 5:30-6:00	Norwegian Language Lesson	Gustavus Adolphus Lutheran Church 1669 Arcade Street, St. Paul, MN 55116
Tuesday, November 11 6:00-8:00pm	Lodge Meeting	Gustavus Adolphus Lutheran Church 1669 Arcade Street, St. Paul, MN 55116
Wednesday, November 12, 1- 2:30 PM	Norwegian Language Lesson	SunRay Library 2105 Wilson Ave. St. Paul, MN 55119
Monday, December 1, 6:00 PM	Board of Directors Meeting (All lodge members are welcome)	Ramsey County Library - Maplewood 3025 Southlawn Dr. Maplewood, MN 55109