



# SynNor Brevet

Synnøve-Nordkap  
Lodge #1 - 008

October 2023  
Issue Number 23 - 09



## Front Page News

### October Lodge Meeting with the Lefse King Tuesday, October 10, 7:00 PM

We hope you will join us at Gustavus Adolphus Lutheran Church for our next monthly lodge meeting where we will pass the hat for the Sons of Norway foundation month. Our lodge foundation director & Lefse King Gary Legwold will be giving a presentation on just what the 501(c)(3) foundation does with the funds we donate. Gary will also put on his lefse-making apron and share some of his secrets. It always a treat to see Gary share his love of lefse!

You will also have the opportunity to hear more about and sign-up to help with the October 21st Taste of Scandinavia event. Tickets will also be available for \$10. See page 4 for more information about our newest fundraiser. Watch the lodge website <https://synn-nord.org/> and your email inbox for more information.



Synnøve-Nordkap Sons of Norway Lodge  
Proudly Presents

### A TASTE OF SCANDINAVIA

BAKE SALE AND SILENT AUCTION FUNDRAISER

SATURDAY, OCTOBER 21, 2023

We are having just a "taste" of home-made Scandinavian food and desserts.\*

Doors open at 5:00 PM

Two lines: Savories and Desserts

Suggested minimum donation: \$10 per person

**MUST MAKE ADVANCED RESERVATION  
DUE MONDAY, OCTOBER 16, 2023**

Reservations: Mary Beth Mutchler, 651-484-8872 or mbe43@q.com

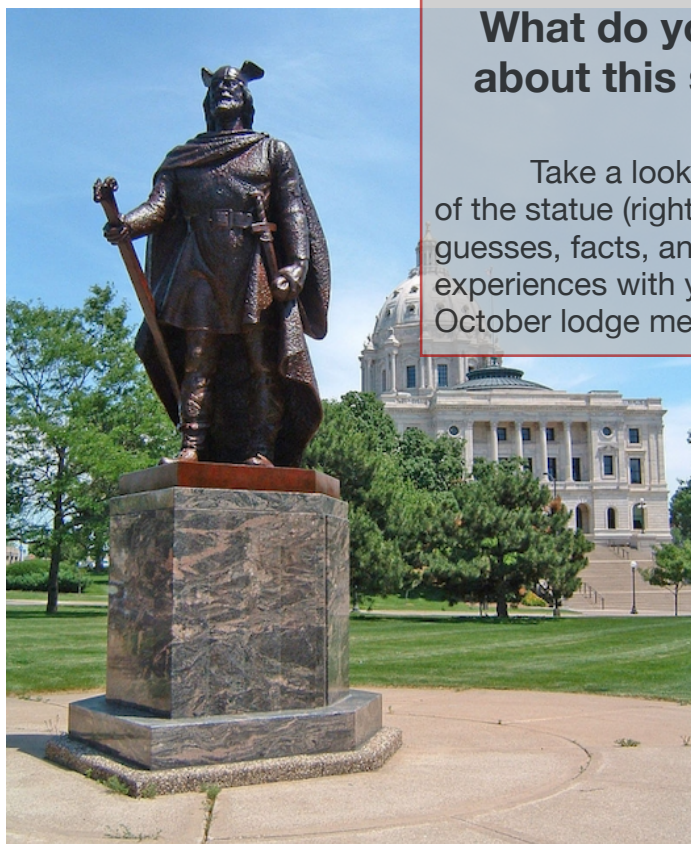
**Non-refundable check payable to: "Synnøve-Nordkap Lodge"**

Mail check to: Mary Beth Mutchler  
3496 Nancy Place  
Shoreview, MN 55126-8005

*Pick up tickets at door or enclose stamped self-addressed envelope with check.*

Synnøve-Nordkap Sons of Norway Lodge  
Gustavus Adolphus Lutheran Church  
1669 Arcade Street; St. Paul, MN 55106

*\* Food prepared by lodge members in their own kitchens.*



### What do you know about this statue??

Take a look at the picture of the statue (right). Bring your guesses, facts, and/or personal experiences with you to the October lodge meeting.

## President's Letter

God dag, alle samen! (Hello, everyone!)

Is it really Fall? As I write this, the temperature is forecast to be near or above 90° F, and the Twin Cities Marathon has been cancelled because of the excessive heat and humidity. The forecast calls for more seasonable weather later this week, but for the next few days, it will be hot.

Speaking of hot, our Taste of Scandinavia event is fast approaching. I urge all our Lodge members to promote this event to your family and friends. Because of the cancellation of the Festival of Nations, and therefore the loss of our largest fundraiser, we need to put in extra effort to promote any fundraising events that we have. Jean and I have been passing out "event cards" promoting the event at craft shows and other places, and there appears to be interest from non-lodge members in attending. Here's hoping that our efforts will bear some fruit in promoting attendance. You can find all the information about the event on our lodge website <https://synn-nord.org>. Reach out to Mary Beth Mutchler (651-484-8872 or [mbe43@q.com](mailto:mbe43@q.com)) to reserve your tickets now.

Trinity Lutheran Church in Stillwater will be hosting a Tribute To Norway concert at 7 PM on October 14<sup>th</sup>. Their evening of music by Norwegian composers includes performances by the Trinity Choir, St. Croix Valley Symphony Orchestra, and Norwegian pianist Oda Volte. This is a free concert, however a free will donation will be collected for those who are so inclined. More information can be found on the Trinity Lutheran Church Facebook page.

I look forward to seeing you all at our October lodge meeting on the 10<sup>th</sup> and at the Taste of Scandinavia on the 21<sup>st</sup>.



President Chuck Draheim



Young women in bunad milking a goat. Postcard from 1907.



# Secretary's Report

## **Synnøve-Nordkap Lodge #1 – 008 Board of Directors, In Person and Virtual, 09/05/2023**

Members in attendance: Jean Draheim, Dianne Anderson, Susan Stow, Ron Stow, LaRee Opdahl, Jean Knaak, Sharon Amann, Mary Beth Mutchler, Dave Mutchler, Lynn Hoffmeyer, Connie Chrissis, Lowell Johnson, Chuck Draheim, Ingrid Bjorum, Jill Hanson, Patty Carlson, and Kathy Kaluza.

Guest: Chris Bales

Chuck called the meeting to order.

**SECRETARY'S REPORT-LaRee:** 243 active members;

Mary Beth will send a sympathy card to Lenore's sister.

Jean K. has received books from Lenore Jesness' collection, and some could go to our library, genealogy group, or silent auction. She will contact members from these groups and make arrangements for them to be picked up. Jean K. will also call Lenore's friend, Jan Allen, about any lodge history records that Lenore might have had as she has been the Lodge Historian for many years.

**TREASURER'S REPORT-Jean D:** September treasurer reports were emailed to the Board prior to the meeting. Jean D. reviewed the reports. One check from the Junior Lodge was presented for approval. Dianne moved we approve. Jill seconded. Motion carried. Chuck stated "reports will be submitted for audit."

**DISTRICT 1-Ron:** Received a letter regarding the D-1 convention for 2024. Also received a link to the D-1 quarterly newsletter and asked if anyone else has received it. Connie will send the link to Board members.

**JUNIOR LODDGE-Susan:** Met with Jana in August to plan the year's schedule which was sent to participating families. This year's theme will be Legends, Myths, Folk Tales, and Adventures. There will be different story tellers.

**BREVET-Ingrid:** Discussed new access to Brevet draft issue. Dave would like a heads up on when the Brevet will be ready to print.

**SCHOLARSHIPS-Jill:** 1) Jill's letter to Skogfjorden requesting a refund was sent to 6 different people. She received a check for the entire \$1,300 last weekend; 2) she is waiting for information from Zach Post to be able to mail his award to Drake; 3) she will be promoting available scholarships in the next Brevet.

**PROGRAM-Jean K.:** Our September speaker will be Jeff Sauve, archivist for St. Olaf who will be speaking about his book *Murder at Minnesota Point*. For October, Gary Legwold will speak on the Foundation and will do his lefse presentation. Would the lodge like to add some entertainment to this year's Julebord in December?

**NEW REMOTE FOR AV SYSTEM-Chris Bales:** After Chris, Chuck, and Lowell met at GA for instructions on their AV system, it was decided our remote needs to be replaced. Chris has located a universal remote through Amazon for under \$50 that he's suggested would work for us. Jill moved we purchase the remote. Connie seconded. Motion carried.

**LODGE PHOTOGRAPHERS-** Lynn is no longer able to help. After discussion, it was decided non-Board members would be invited to take pictures. Ingrid, Lowell, and Chris volunteered to start a photo group and will come up with a plan to present at our next Board meeting.

**LOCATING CONTRACT WITH GA:** Jean D. received an unsigned copy of the 2023/2024 contract. She will obtain a signed contract and forward it to Connie for the secretary files. Lynn moved we enter into a contract with GA for 2023/2024. Kathy seconded. Motion carried.

**"A TASTE OF SCANDINAVIAN FOOD"-LaRee:** Signup sheets for volunteers and foods will be passed at the next lodge meeting. Mary Beth will be selling tickets. Members are being asked to print and share flyers with those who might be interested. Ways to handle tickets were discussed. Decided to use goldenrod colored paper for printing them. There was discussion about the number of people to expect and a cut-off number. Connie said that at the last 'Taste' committee meeting, it was decided to create a food list for 150 people. Ron moved to cut off at 150. Connie seconded. Motion carried. Start time will be 5pm ending at 8pm. Set-up time will start at 1pm.

**OLD BUSINESS-** Due to time constraints, Jill moved we table 'Conflict of Interest' and 'Parliamentarian position' be tabled as Old Business until next month. Jean D. seconded. Motion carried.

**D-1 CONVENTION DATES AND LOCATION-** Per Connie, August 19-21, 2024 at the Lake Elmo Holiday Inn. Connie will be chairing vendor committee. Asked that the lodge start thinking about Delegates. More info to come. Per Ron, as a District Board member, he will be taking on a project for the convention. Asked for input and lodge assistance with that project.

**NEW BUSINESS-** Due to time constraints, Jill moved we table 'Cancellation of FoN' and 'What to do with FON equipment' to be tabled as New Business next month. Lowell seconded. Motion carried.

Chuck adjourned the meeting. The next Board of Directors meeting will be on Tues, Oct 3, 2023 at 7pm in person and via Zoom.

(Secretary's Report continued on next page)

## Lodge News

- **Synnove-Nordkap Lodge Meeting #1-008 September 12 at 7pm**
- President Chuck Draheim called the meeting to order. Anthems were sung. A taps video was played in remembrance of 9-11.
- **Members attending:** 43
- **Guests:** 2
- **Birthdays:** Pat Carlson, Taffy Storck, and Audrey Waage
- **Anniversaries:** Chuck and Jean Draheim
- LaRee, Sharon, Ron, and Jean D. spoke on the upcoming "Taste of Scandinavia" event.
- **District 1:** Ron mentioned there is a District meeting for planning the 2024 convention tomorrow night. He will be proposing that our lodge be in charge of the Silent Auction at the convention and will be asking the lodge to help.
- **Calendars:** Chuck said we are selling Norwegian and Swedish calendars for \$15 each. Email or call Mary Beth at mbe43@q.com or (651) 484-8872. Deadline for ordering is November 14. They should be available to pick up by Julebord.
- **Anniversary pins:** Were presented to those who were present by Kathy and Ron.
- **Annual Czech festival:** Is Sept 24 and all are invited to attend and support them. There will be food, entertainment, and vendors.
- **Norwegian language class:** Sheryl noted a new class is starting tomorrow at 230pm at the Sun Ray Library. The book will be *The Mystery of Nils*.
- Jan Allen, friend of Lenore Jesness, told us the memorial for Lenore will be Nov. 6 at First Lutheran in St. Paul. More information to come.
- **Program:** Jean Knaak introduced Jeff Sauve, author of *Murder at Minnesota Point*, who gave us the back-story of his interest in researching and writing about this true crime.
- **Commercial presented by Sharon, Joann H, and Jean K:** Gave us little tutorials on how kransekake, rosettes, and krumkake are made and the tools they use.
- **Door prize:** Winner of the speaker's book, *Murder at Minnesota Point*, was Audrey Waage.
- Meeting adjourned with Scandinavian desserts following.

## Shhh! Silent Auction is coming soon to a lodge near you

During our lodge's Taste of Scandinavia fundraiser in October, the lodge will be holding the annual Silent Auction and Bestefar's Attic. In order to make these fundraisers a success, the lodge needs donations from you, dear

members. Please check in your closets, attics, and garages for Scandinavian items, which are in good condition, that you would like to donate to the Silent Auction (items for bid) and to Bestefar's Attic (set price, buy-it-now).

Please bring your items to the next lodge meeting. Ron Stow will collect them and place them in the Silent Auction or in Bestefar's Attic. Please write a short description and approximate value of the items. Mange tusen takk!





## Calendar Sales

We will again be selling Norwegian & Swedish calendars, but the notecards are not available this year. The cost of a calendar is \$15.00. Orders can be placed from now until November 24, by emailing Mary Beth Mutchler at mbe43@q.com or calling her at 651-484-8872. Calendars will be delivered to you. These are good stocking stuffers! You can shop and avoid the crowds. **Ordering deadline is November 14th.**

If we are able to have the Julebord on December 11th, your order can be picked up then. If not, your order will be delivered to you or it can be picked up at the Mutchler home.



## Junior Lodge Update

With our theme for this year: Norwegian Legends, Myths, Folk tales and Adventures we are starting out by painting some wooden **Nisse** at our September meeting. It is always fun to see the creativity of our Junior members. Take a look at “our gang” and their projects.

When the calendar turns to October, thoughts of Halloween and spooky stories come to mind. Did you know that Akershus Castle in Oslo is haunted? Also the Bærum Verk, abandoned factory building is said to have visitations of ghosts. Our “skalds” in October will share these fascinating historical stories.

**Nisse** are the most lovable trolls, but also mischievous year-round, not just at Christmas time. We will learn 10 ways Nisse can play tricks on you and make some felt tree ornaments to sell at the Taste of Norway event.



## The Kvens of North-Norway

by Don Halvorson

For centuries, three cultures have inhabited the northernmost region of Norway: ethnic Norwegians, the Sami, and the Kvens. The Sami arrived there first, around 2,000 years ago. The Norwegians settled there in the 14th century. The Kvens, an indigenous people from Sweden and Finland, began trickling into Norway sometime in the 16th century.

Danish/Norwegian tax records from that time show a few Kvens living in north Norway, and a 1539 map of Scandinavia created by Olaus Magnus reveals the possible existence of a Kven settlement between Troms and the Lofoten islands called *Berkara Qvenar*.

A larger of immigration of Kvens followed in the 18th and 19th centuries. The first wave of the immigration happened between 1720 and 1820, when peasants and farmers from northern Finland's Torne River Valley crossed the Bay of Bothnia, and eventually settled in the river basins and fjords of the Norwegian fylkes of Troms and western Finnmark. There, they became involved in the west coast's growing fishing trade.

The second immigration came in 1820, and lasted until around 1890. This time migrants settled in eastern Finnmark, where the fishing and mining industry was flourishing. For some, it was merely a stopover before leaving for America. For the Norwegians, a population crisis was averted. For the immigrants, it was their chance to buy cheap land. Another reason for the immigration was to flee the famine that was going on in Finland in the 1860s.

As it was with the Sami, the Norwegian government soon made an attempt to Norwegianize the Kven immigrants. Children entering school were only taught, and allowed to speak, Norwegian. This cultural

discrimination would not change until 1980, when the Kven language was allowed back into schools.

The origin of the Kvens, is somewhat sketchy. One medieval source informs us of its beginnings in Britain, northern Germany, and Denmark, a thousand years ago. They were a tribe of farmers and warriors of the Finno-Ugric family of people, who joined forces with the invading Celts and Goths, who then disappeared from history, until traces of them were again found in Scotland and Finland.

A Scandinavian legend tells of a Finnish tribe, the Quen, who preyed on its Sami neighbors, and eventually settled in villages on the northern edges of the Gulf of Bothnia. That area took the name of Kainuu, or Kvenland, after the new villages established there.



Tacitus, the Roman historian (55-117), and Adam of Bremen (1070), both describe an area they called *Terra Feminarum*, which was believed to be Kainuu. Around the year 890, the West Saxon king Alfred the Great and his Viking chronicler, Ottar, wrote a description of that area

and its history. Snorri Sturluson, creator of the Icelandic sagas, used the kings of Kainuu as the main characters of his saga, *Funinn Noregr*. In Finland's national epic, *The Kalevala*, Kvenland is the land of Louhi, home to the witch of the North. Around 1100, Kvenland came under the control of the early Russian province of Karelia. Over the next century, the Kvens often allied themselves with both the Karelians and Northmen, and later with the Swedes invading Novogrod.

From that point, the Kvens again fade from history. Perhaps, like the immigrants who settled in Norway, they eventually just blended into the cultures that surrounded them.

<http://voynichbirths.blogspot.com> • 2015/12 • the-kv...

## Sunshine News

The celebration of life for Lenore Jesness will be held at First Lutheran Church (our former meeting place) on Monday November 6. The time is not yet available.

<https://epilogg.com/obituary/lenore-jesness-st-paul-mn-usa-9725>

## Norwegian Language Classes

Tuesday Class: October 10, 6:30-7:00 p.m.  
at Gustavus Adolphus Church before the Lodge Meeting.

"Sons of Norway Norwegian Language Lessons"

Wednesday Class: October 11 & 25, 1:00-2:30 p.m.  
at SunRay Library, 2105 Wilson Ave., St. Paul, MN 55119.

"Norsk Nordmenn og Norge" textbook and  
"The Mystery of Nils" textbook (Available to borrow from our Library - see Sheryl).

WELCOME to new members!

Sheryl Hove, [sherylhove12@gmail.com](mailto:sherylhove12@gmail.com)  
651-738-4908

## Tubfrim

The District Executive Committee has just received an email from Magne Hogneland, the Chairman of the Board-Stamp Dealer, of Skanfil Auksjoner, the company that has taken over handling the Tubfrim stamp sales in Norway. They were happy to receive our shipment and plan to have 4 Tubfrim auctions per year. Magne stated "It is nice to note that Nasjonalforeningen for Folkehelsen, which manages the Tubfrim fund, is satisfied with the collaboration with Skanfil so far, and that we can contribute to providing funds for the good cause."

Please continue to collect your stamps for Tubfrim. We'll be collecting them at the 2024 District Convention, if not before, for another shipment.

## Genealogy Group

**Genealogy Meeting:** Have you had your DNA tested and would like help in interpreting your results? The genealogy group can help you with that at the October Genealogy Group meeting. The meeting is Saturday, October 7 from 10 am to noon at the Shoreview Library, 4570 North Victoria Street, Shoreview, MN 55126. An optional lunch will follow the meeting at a nearby restaurant.

**Genealogy Table:** If you have been wanting to start researching your family history but don't know where to begin, stop by the Genealogy Table before or after the October 10<sup>th</sup> lodge meeting to find out what the group is all about and how we could help you.

## Hardanger Huldras

Hardanger embroidery patterns, fabric, thread and instruction are available to those who wish to learn this Norwegian needlework art form.

If you have already started Hardanger embroidery but wish to learn some new stitches, our patient, expert teacher can help you. Those who have never tried this before are most welcome too. All you need to bring is a small, very sharp scissors.

Our Hardanger Huldras group meets once a month at the home of our teacher, Dolores Jacobson. It is on the last Wednesday in October, the 25th from 10-12.

For more information, please contact Susan Stow at [burle103@aol.com](mailto:burle103@aol.com)

## For Information:

**Chuck Draheim**, President: [pres.synn.nord@gmail.com](mailto:pres.synn.nord@gmail.com)

**Ingrid Bjorum**, Brevet Editor: [ingrid@steinmetz.org](mailto:ingrid@steinmetz.org)

**Sons of Norway HQ:** [https://www.sofn.com/contact\\_us/](https://www.sofn.com/contact_us/)



*The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to our members.*



Synnøve-Nordkap Lodge #1-008:  
District 1 Lodge of the Year in 2013, 2018  
Family Lodge of the Year in 2006, 2008, 2013, 2016, 2017, 2018  
Visit Synnøve-Nordkap online: <https://synn-nord.org>  
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<https://peergyntdancers.wordpress.com/about/>  
<https://www.facebook.com/SynnoveNordkap/>

Tuesday, October 3, 7:00 PM	Board of Directors Meeting (Members are welcome to attend)	Draheim's and Zoom Contact Draheims for more information Call or text 651-210-0401
Tuesday, October 10, 6:30 PM	Norwegian Language Lesson	Gustavus Adolphus Lutheran Church 1669 Arcade St. St. Paul, MN 55106
Tuesday, October 10, 7:00 PM	Lodge Meeting	Gustavus Adolphus Lutheran Church
Wednesday, October 11, 1 - 2:30 PM	Norwegian Language Lesson	SunRay Library 2105 Wilson Ave. St. Paul, MN 55119
Saturday, October 21, 5 PM	A Taste of Scandinavia	Gustavus Adolphus Lutheran Church
Wednesday, October 25, 1-2:30 PM	Norwegian Language Lesson	SunRay Library
Tuesday, November 7, 7:00 PM	Board of Directors Meeting (Members are welcome to attend)	Draheim's and Zoom Contact Draheims for more information Call or text 651-210-0401