



SynNor Brevet

Synnøve-Nordkap
Lodge #1 - 008

September 2020
Issue Number 20 - 08



President's Letter

Hilsen alle sammen.

Our August virtual lodge meeting was another great success. Until we can resume regular, in-person meetings, we will continue with the virtual meetings. If you do not have video capability on your computer, you may participate in these gatherings via telephone. If you need assistance in connecting to these meetings, please contact our Zoom account administrator Sasha Aslanian.

Please try to participate in the next virtual meeting if at all possible. This has been a great way for lodge members to stay connected. Our next virtual meeting will be on September 8th at 7:00 PM. At this next meeting, if you're willing to share, we would love to hear about a favorite Scandinavian author, book, song, or even recipe! If you have the item handy to show us, we'd love to see it. If you happen to have cooked or baked a Nordic specialty, even better!

As of this writing I cannot predict when our lodge can go back to regular monthly meetings. Your Board of Directors will continue to monitor the situation and follow the guidelines established by The Centers for Disease Control (CDC) and the Minnesota Department of Health (MDH). Vice-President Lowell Johnson has prepared a draft of a COVID-19 Preparedness Plan for the lodge that will get us moving in the direction of resuming regular meetings. We are waiting for Gustavus Adolphus to open up their building for regular church activities. Our plan will need to mesh with whatever plan the church establishes.

Please everyone stay safe and healthy and enjoy the remainder of summer.

President Chuck



Secretary's Report

Synnøve-Nordkap Lodge #1 – 008, Online via Zoom, 8/4/2020

Members in attendance: Ingrid Bjorum, Connie Chrissis, Chuck Draheim, Jean Draheim, Lowell Johnson, Dave Mutchler, Mary Beth Mutchler, Ron Stow, and Susan Stow. Guest: Kimberly Johnson.

SECRETARY'S REPORT - Minutes from last meeting were approved as printed in the Brevet.

TREASURER'S REPORT - Approved as presented. Jean has contacted Mary Beth and will contact Clayton Lance to determine a date for conducting an audit.

COVID-19 AND HOW WE PROCEED - We are limited in what we can do for 'in person' meetings until the State and GA change their rules. Lowell has been pursuing this topic for us and will be the author if we draft a plan.

There will be no August meeting. Chuck will write a special letter to the membership and send to Connie and Dave to send out. Suggestions were given on what should be included in the letter.

2022 INTERNATIONAL CONVENTION - The home office announced that the International Convention in 2022 will be held in Minneapolis. Should we be a part of it? That is a question we need answers for. Thought was that International will put it on rather than individual lodges.

TORSK AND MEATALL DINNER - Jean will check on the possibility of having the dinner with curbside pickup. This is our second largest fundraiser. A lot depends on GA's plans to reopen.

JULEBORD - The topic will be a future discussion.

AUGUST BREVET - Ingrid will have it ready to be sent in the next day or two.

VIKING FOR KIDS - The magazine is available to download on the District website: www.sofn.com

There are pages for both older and younger children with lots of variety in activities.

JUNIOR LODGE - Susan is not planning for face to face meetings this fall. She's communicating via email for now.

IDEAS FOR \$500 GRANT - It was suggested that we use it for a community service donation. The following were mentioned:

- St. Paul Community Education for English as a second language;
- helping isolated seniors with Meals on Wheels or respite care;
- helping immigrant families through Lutheran Social Services;
- International Institute's classes for new citizens.

RESOURCE LIST - Dave suggested that we have a link on our web page to a list of resources that have been tested and proven to be safe for members in such things as socialization, adult daycare, and mental health. Dave and Kimberly will start some work on this project.

Next Board of Directors meeting will be Tues, September 1 at 7p via Zoom. (cjc)

Synnøve-Nordkap Lodge #1 – 008

No August lodge meeting was held. The next lodge meeting is scheduled for Tuesday, September 8 via Zoom.

Membership Anniversaries

If your name is listed below, please contact Ron Stow, so he can order your anniversary pin to be awarded at our next in-person lodge meeting. 651-439-7255 or stowronald@gmail.com

Harold Broman, Bruce Beschine, Liv Eggen-Beschine, Barbara Swedenburg, Jerry Stanke, Meredith Berg, Sheryl Hove, Nancy Johnson, Len Carlson, Clayton Lance, LaRee Opdahl, Loren Opdahl, Barbara Johnson, Lisa Mutchler, Roger Bosmoe, Yanina Carlson, Clay Keller, Stephanie Storck, Fred Matson, Mark Fjestad, Nancy Fjestad, Dave Hegdahl, Connie Chrissis, Sasha Aslanian, Ken Bjork, Sharon Folland, Emma Steinmetz, Jennifer Read, Bethany Gladhill



Congratulations to Susan Stow and the Peer Gynt Dancers. Once again they have won the title of Large Lodge “Family Lodge of the Year for 2018”. We are thankful to Susan for her hard work, and for making this group such a vital part of our lodge.



Benefits and Finance

If you have questions or concerns regarding Sons of Norway financial products, please reach out to our lodge Benefits and Finance Officer, Dave Okeson. During this time of uncertainty, financial security is perhaps more important than ever before. Dave can help you determine what Sons of Norway products are right for you or help you feel confident that your existing products are safe and dependable. Dave can be reached at: nlakefinancial@aol.com or 651-260-7399.

Share With Us

What is your favorite Scandinavian recipe? Is it a special occasion dish or maybe something you make often with your kids? Do you have a favorite Nordic author or book? Have you read *The Mercies* by Kirin Millwood Hargrave or *Once in a Blue Moon Lodge* by Lorna Landvik? Maybe you prefer Jo Nesbø's mysteries. Do you read Scandinavian poetry? What's your favorite Norwegian folk song?

Tell us! If you would like to share something you love with others in the Brevet, please email your recipe, book title, etc. to Brevet Editor Ingrid Bjorum along with a little bit about what makes it special to you. ingrid@steinmetz.org

If you join in on the September lodge meeting and want to share on Zoom, we'd love to hear about it there, as well.

The Ice Front

by Don Halvorson

For most Norwegians, the morning of April 9, 1940 was life changing. They woke up to a new reality: Norway had been invaded. The King and his family had left Oslo with the country's gold, and the Germans and their puppet government had taken control. Eventually, as the shock had begun to wear off, those who were trained to fight would quietly slip away to find their old units, hoping to fight another day. Other young men would melt into the mountains or make their way to England to be trained in the tactics of subversion and sabotage. For most of those left behind, there was the overwhelming need to resist but not the knowledge to do so.

The first sign of resistance was the underground press. This press provided Norwegians with real truth, not the flow of Nazi propaganda that was now found everywhere. Over the length of the occupation, three hundred illegal newspapers were started. Always in peril, they would continue to provide a strong spark for rekindling Norwegian nationalism and patriotic ideals.

Carefully hidden radios, tuned to the BBC, also provided a more realistic picture of what was going on outside Norway. Radio sets were also a vital tool for underground agents passing on strategic information to their military people in London. Those radios were often confiscated by the Germans but were continually replaced via an underground pipeline from England.

Although a 1942 Nazi ordinance mandated death for any ridicule shown towards a German soldier, Norwegians simply continued to ignore this decree with a tactic called the ice front. By isolating the Germans and their Nasjonal Samling lackeys from themselves, Norwegians coldly ignored them, allowing them to show their true feelings towards their captors and still keep from cleverly remaining out of harm's way. Evidence of this ice front was common everywhere. A German soldier sitting alone on a bus or tram would be left alone, no matter how many empty seats remained

around him. Nazi-owned businesses were totally off limits. Norwegians refused to speak German, even though it was a widely spoken language in Norway at the time. Germans on the street asking for directions were always sent in the wrong way.

Symbolism was also used for bolstering morale. Red stocking caps were worn as a tribute to the king in exile. Carrying a matchstick in a breast pocket symbolized their flaming hatred for their Nazi

oppressors. Many began wearing the royal monogram, H7, of King Haakon as pins or broaches on their clothing and brazenly painting the monogram on walls of buildings all over the city. A college student came up with the most inventive

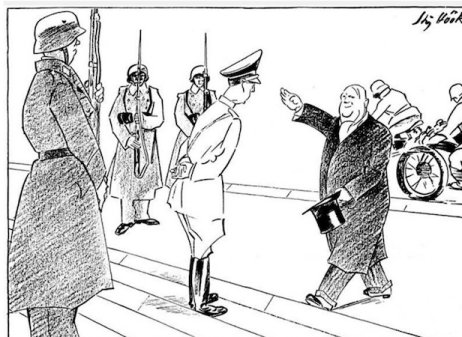
symbol, wearing a paper clip on a lapel or the cuff of a shirt, symbolically binding Norwegians together against the enemy. Sweet peas were also worn on their jacket lapels during the King's birthday, since peas in Norwegian, *erter*, also means *to tease* in English.

Using humor was also a popular way to poke fun at the Germans and their Nazi collaborators. Norwegians wrote down humorous episodes, passed on witty remarks to others, and told inside jokes at the expense of their antagonists. They created insulting personal ads, cartoons, and Christmas cards. They printed anti-Nazi postage stamps, kept damning personal diaries, and wrote allegorical children's stories using their own folklore to mask the story's real intent. Using occupation humor and the ice front mentality against their oppressors was the

Norwegians' way to cope with and rise above their 5 years of dominance and adversity.

Norwegian Civil Resistance of the Nazi Occupation: 1940-1945

<https://crosssection.gns.wisc.edu/2019/11/11/norwegian-civil-resistance-of-the-nazi-occupation-1940-1945/>



Sons of Norway Recipe Box Cucumber Salad (Agurksalat)

Ingredients

1 cucumber
2/3 cup white vinegar
2/3 cup water
3 1/2 Tbsp. sugar
1/4 tsp. salt
dash of white pepper
fresh parsley

This sweet and sour cucumber salad is a classic side dish that is light, refreshing and easy to make.

Slice the cucumbers thin and place in a bowl. Mix vinegar, water, sugar, salt and white pepper in a small bowl. Pour the dressing over the cucumbers and mix well. Refrigerate for at least 30 minutes, then sprinkle with finely chopped parsley and serve.

Norwegian Fork Cookies

Ingredients

5 cups flour
1 2/3 cups sugar
2 cups butter, slightly chilled or at room temperature
1 egg
For the topping
1/4 cup nib sugar or pearl sugar
2 Tbsp. butter, melted

Cream butter and sugar, add egg and then add flour. Mix to make a smooth dough. Roll the dough into small balls, using 1 Tbsp. or less of dough per cookie. Place on a parchment-lined cookie sheet. Press each dough ball once with a fork, making a clear line pattern. Brush each cookie lightly with the melted butter, then sprinkle on sugar topping. Bake at 350 degrees F on center oven rack for 10-12 minutes. This recipe makes about 80 cookies. Recipe adapted from melk.no.

These recipes and many more can be found at:

https://www.sofn.com/norwegian_culture/recipe_box/



Poetry Corner

Det er den draumen ("It was a dream")

It was a dream
We all carry with us this dream:
that something wonderful will happen,
that it must happen -
that time will open,
that the heart will open,
that doors will open,
that cliffs will be opened,
that springs will well forth,
that the dream will be opened,
- that we one peaceful morning will glide in -
onto a bay we had not been aware of.

Olav H.Hauge (1908-1994)

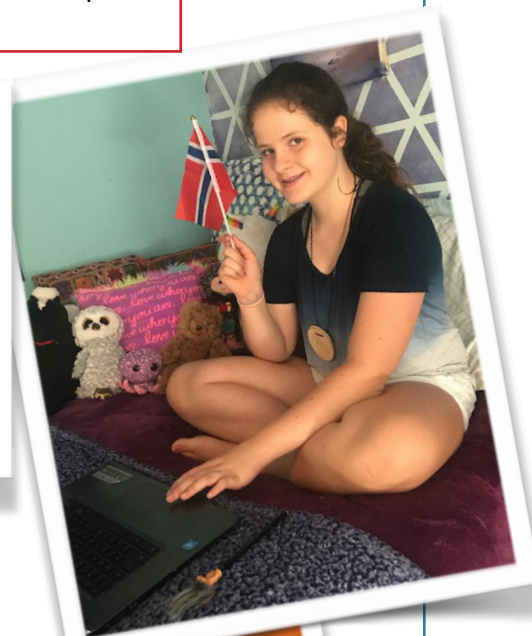
Translated for The Norway Post by Rolleiv Solholm, Chief Editor

Junior Lodge

Virtual Language Camp

Five Synnøve-Nordkap Junior Lodge members attended Skogfjorden, Norwegian language camp, this summer. As with so many things in 2020, camp didn't look the same as in previous years, but, according to these campers, virtual camp was a success! Participants received boxes in the mail bursting with supplies for their online activities. Even though camp was held online this year rather than in-person at Concordia Language Villages in Bemidji, Minnesota, there was still singing, art, and cooking!

Photos — Top row L to R: Kaia Velo, Liv Larsen, Freya Haugen
Bottom row: Netta Hillegass with her art inspired by virtual Skogfjorden Viking week



Bulletin Board

Genealogy Group

Meeting Notice:

The September Genealogy Group meeting will be held on Saturday, September 5th at 10 am via Zoom.

The October Genealogy Group meeting will be held on Saturday, October 3rd at 10 am via Zoom.

Norwegian Language

This is your reminder that you can begin to learn or brush up on your Norwegian language skills on the Duolingo website.

www.duolingo.com/learn

Member Directory

Synnøve-Nordkap member directory is available on our website. You can reach the page by clicking on the link below. The directory itself, however, is password protected. If you are an active lodge member, you can request the password by contacting Connie Chrissis at cjchrissis@comcast.net.

<https://synn-nord.org/contact/member-directory/>

Lodge Calendar

Did you know that our lodge activity calendar is available on our website? Though we don't have a lot of in-person events right now, there are some online meetings occurring. Some day we will be getting together again, and you'll know where to look for all of our events and activities!

<https://synn-nord.org/contact/synnove-nordkap-lodge-calendar/>

Lodge Health and Safety

As we all continue to deal with COVID-19, the lodge board of directors is in the process of developing a document which will remain with the lodge as we move through this challenging time together. This document will coincide with CDC and Minnesota health and safety guidelines regarding in-person gatherings, food safety, and our high risk lodge population.



Stay 6 feet from others.



← 6' →



STAY SAFE LODGE MEMBERS



For Information:

Chuck Draheim, President: pres.synn.nord@gmail.com

Lowell Johnson, Vice President: jhnsn7440@msn.com

Ingrid Bjorum, Brevet Editor: ingrid@steinmetz.org

The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to our members.



Synnøve-Nordkap Lodge #1-008:
District 1 Lodge of the Year in 2013
Family Lodge of the Year in 2006, 2008, 2013, 2016, 2017, 2018
Visit Synnøve-Nordkap online: <https://synn-nord.org>
<https://www.flickr.com/photos/synnor/albums>
<https://peergyntdancers.wordpress.com/about/>
<https://www.facebook.com/SynnoveNordkap/>

Date	Event	More Information
Tuesday, September 1, 7 pm	Board of Directors Meeting	Virtual meeting via Zoom
Saturday, September 5, 10 am	Genealogy Group	Virtual meeting via Zoom
Tuesday, September 8, 7 pm	Lodge Meeting	Virtual meeting via Zoom
Saturday, October 3, 10 am	Genealogy Group	Virtual meeting via Zoom
Tuesday, October 6, 7 pm	Board of Directors Meeting	Virtual meeting via Zoom
Tuesday, October 13, 7 pm	Lodge Meeting	Virtual meeting via Zoom

Synnøve-Nordkap Brevet staff wishes all of our lodge members peace and good health during these challenging times until we can meet in person again.

