



SynNor Brevet

Synnøve-Nordkap
Lodge #1 - 008

December 2019
Issue Number 19 - 11



Front Page News

'Tis the Season for Julebord!

Don't miss our annual lodge favorite, the Julebord holiday feast! This year's holiday celebration will be held on December 10th starting at 6 p.m. No tickets or reservations are required, however we need **everyone** who comes to bring a dish to share. Our events continue to be successful because of the support of all of you! See the Counselor's Corner on page 2 and the list of items needed and how to signup on page 6.

If the signup sheet fills up, our beautiful holiday feast may include Scandinavian favorites, such as: liver pate and crackers, potato sausage, meatballs, herring, salmon, shrimp, cheese, breads, Rødkål (red cabbage), Surkål (sweet/sour cabbage), beet pickles, rutabagas/carrots, sweet/sour cucumbers, red potatoes w/dill, fruit, Risengrøt (rice pudding), Rømmegrøt, dessert waffles and jam, Søtsuppe (Fruit soup), cookies, Krumkake, Sandbakkels, Rosettes, Spritz, and lefse. And, if that weren't enough, we will continue the tradition of dancing around the Christmas tree. Our December lodge meeting is a festive celebration!

Please arrive with your food contribution at 6 p.m.; the buffet will start at 6:30 p.m.

Fra Presidenten

Sesonghilsener til en og alle.

Where has the year gone? Our lodge has had a very busy year and added a few new things that we have participated in. New things this year included participation in Taco Daze in Scandia, the laying of flags at the graves of members of the 99th Battalion at Ft. Snelling National Cemetery and having a Lefse Party at the Good Samaritan Home in Maplewood. Read the story about this later in the Brevet.

Our annual Torsk and Meatball dinner was a huge success, boasting an impressive 29% profit over last year's event. Proceeds from the silent auction were up over 30% which greatly improved our bottom line. Mange tusen takk to all who worked, provided items for the silent auction, bake sale and dessert buffet.

I, for one, am looking forward to Julebørd on December 10th. Please arrive at 6:00 with your dish to share, as hors d'oeuvres and dinner will be served beginning at 6:30. A few people missed the aquavit at the torsk and meatball dinner and I am working on getting approval for that from the GA church council. Keep your fingers crossed.

The upcoming year marks the 125th anniversary of the founding of Sons of Norway when 18 Norwegian immigrants banded together to form a fraternal society to aid each other in times of need. From those humble beginnings in Minneapolis we have grown to span three countries on two continents.

Next year is also a convention year beginning with our District 1 convention at Cragun's Resort in Brainerd followed by the international convention in Norway. Our lodge is seeking four delegates and four alternates to the District 1 convention. If you have an interest in being a delegate or alternate please contact either myself or Ron Stow.

The 2020 Festival of Nations opens in just over four months, not that far in the future really. As usual, our lodge will be operating the Norway Café. Pat Carlson has stepped down as our general chair but will remain on as an advisor to Jean and me as we have decided to take on this task for 2020.

A few changes have been made to the Festival for 2020. Hours of operation have been shortened and some of the fees for participation have increased. We have also been told that more seating and dining tables will be added. This was one of the chief complaints voiced by participating organizations at a review meeting held earlier this year. The sentiment was that less seating options caused people to spend less time at the Festival and therefore had a negative impact on the profitability of the cafes.

As the weeks progress Jean and I will be reaching out to lodge members, soliciting your help in making this a successful, and profitable endeavor for the lodge.

Jean og jeg ønsker dere alle en gladelig høytid og et godt og velstående nytt år.

President Chuck Draheim



Christmas card from 1918.

Counselor's Corner

The Torsk and Meatball Committee believes we had the best event yet, and we hope you agree. The Silent Auction was a great success as beautiful things were bid on and taken home. The Bake Sale sold out of all their goodies, and Market Place sold items made by the Junior Lodge and a variety of other fun items. And then there was the amazing FOOD! I think we managed to hit all the high notes this year. It came together like a beautiful symphony. I think we can safely assume that the Dessert Buffet is here to stay. Mange Tusen Takk to all of our people who pulled together to make this such great fund raising event that both benefits our Lodge and titillates our taste buds.

So, what can possibly do to follow such a wonderful event?? Why, our Julebord, of course! Even though I say it often, FOOD, FUN, AND FELLOWSHIP are what our Lodge does best. If you missed the opportunity to sign up, please call me at 651-631-0399, or Jean Draheim at 651-433-2008. There will be a sign-up sheet in this Brevet so you can see items we still need. We look forward to this special Lodge event each year. Please remember that we all have to bring something to share, so sign up early.

Blessings, Sharon

Secretary's Report

Synnøve-Nordkap Lodge #1 – 008, Board Meeting, 11/05/2019

The Board met on Tue, November 5, 2019 at 6:30pm at the Maplewood Library.

Members in attendance: Sharon Amann, Dianne Anderson, , Ingrid Bjorum, Pat Carlson, Connie Chrissis, Chuck Draheim, Jean Draheim, Lynn Hoffmeyer, Lowell Johnson, Dave Mutchler, Mary Beth Mutchler by phone, LaRee Opdahl, Ron Stow, Susan Stow, and Heidi Slen Walsh

President Chuck Draheim called the meeting to order.

1. SECRETARY'S REPORT: Approved as presented.
2. TREASURER'S REPORT - JEAN: Report approved as presented. MM/Passed to contribute \$210 to Foundation.
3. HEALTH REPORTS – MARY BETH: Linda Erickson, Marge Pedersen, and Mary Beth Mutchler.
4. COMMITTEE REPORTS:
 - a. **Torsk and Meatball – Sharon**: Went very well. Reservations for specific foods helped everyone. No complaints about food or price increase. Set-up was belatedly moved to Saturday morning. Will plan on same day/time next year.
 - b. **Junior Lodge – Susan**: Members learned new painting technique and how rosemaling traveled to American on beautifully painted wooden shipping trunks. Special thanks to all the members who helped at Torsk and Meatball. Two performances coming up: 11/14/2019, 7-7:30 pm at Bradshaw Celebration of Life Center, Stillwater, and 12/7/2019, 7-8 pm at Union Depot.
 - c. **Foundation – Susan**: Received kit from SON for Foundation Month.
 - d. **Brevet/Web Site – Ingrid**: Genealogy group working on their information.
 - e. **Storage Space – Ron**: Spaces being used – well organized. LaRee will send existing inventory list to Chuck. Members with inventory at their homes should send their list to Chuck. Will purchase clear totes to replace cardboard boxes, project to be completed over the winter.
 - f. **District 1 – Ron**: Attended Board of Director's Meeting at Craguns Resort, 10/18/2019-10/19/2019, site of the 2020 District 1 Convention on 6/4/2020-6/7/2020. Need to determine 4 delegates and 4 alternates to attend Convention, by February 2020 Board Mtg, registration information is at www.craguns.com. Suggestion to form committee to plan a May event to celebrate 125th anniversary of SON founding, event possibly financed through grants. Treasurer candidate needed for District 1. Leadership Application available online. Norway Day revival, July 20, 2020 at Buck Hill in Burnsville. SON event at MN Twins game in July.
 - g. **Cultural Director – Ron**:
Review of October Program: Modern Day Norway presentation very informative but drew mixed reviews.
Preview of November Program: Veteran's Day Celebration - 99th Battalion.
 - h. **Membership – Connie, LaRee, Lowell**: 2 new members - need 7 more to meet annual goal.
 - i. **Bookcase – Lowell**: Will attach painting to bookcase until chip carving project is complete.
 - j. **Social – Dianne, Pat**: November Lodge Meeting volunteers set. Decorations in basement storage.
 - k. **Festival of Nations – Chuck**: Co-Chairs: Chuck and Jean. Along with Pat, the 3 will attend FON preview meeting. Perhaps volunteers could wear aprons decorated with rosemaling. Dianne will check into availability to sell
5. Old Business:
 - a. Festival of Nations - Decision about Nordic Waffles: Continued discussion and concerns.
6. New Business:
 - a. Julebord – Sharon: Need volunteers to sign up for set up, clean up, and to bring the food.
 - b. Ski for Light – Chuck: MM/Passed to donate \$200

Next Board of Directors meeting – Tuesday, December 3, 2019, 6:30-8:30 pm at the Maplewood Library, 3025 Southlawn Dr, Maplewood.

Note the earlier start time.

With no further business, the meeting was adjourned.

Respectfully submitted,

Heidi Slen Walsh

Synnøve-Nordkap Lodge #1 – 008, Lodge Meeting, 11/12/2019

The Lodge Meeting for Synnøve-Nordkap Lodge #1-008 met on Tue, November 12, 2019 at 7:00 pm at Gustavus Adolphus Lutheran Church, 1669 Arcade St, St Paul, MN.

Attendance: 44, Visitors and guests: 4 guests

President Chuck Draheim called the meeting to order.

November birthdays recognized. Thank you to veterans for their service.

The October minutes were accepted as printed in the Brevet.

Committee Reports

1. Torsk and Meatball Dinner – Sharon: Thanks to all who volunteered by setting up, cooking, serving, and stayed late to clean up, as well as to everyone who attended. Despite issues with the audio, it was a big success.
Ron: Best Silent Auction ever, with over \$1,100 raised.
Jean: Bake Sale and Marketplace proceeds highest in recent memory, over \$600 sold.
Chuck: Ticketing change with specific torsk and/or meatball order helped Lodge order correct amount of food.
2. Julebord – Sharon: Sign up tonight to bring your favorite recipe, and to volunteer with set up and clean up.
3. Sports Director – Jacque: Planning a trip to Red Wing Pottery Museum before it closes permanently.

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Our Lodge

2020 Nominations for Lodge Offices in Synnove-Nordkap 1-008

These elected officers make up the Lodge Board of Directors and will be voted on at the December lodge meeting.

President - Chuck Draheim

Vice President - Lowell Johnson

Recording Secretary - OPEN

Executive Secretary - Jennifer Stow

Treasurer - Jean Draheim

Membership Secretary - Connie Chrissus, LaRee Opdahl

Counselor - Sharon Amann

Social Directors - Pat Carlson, Dianne Anderson

Cultural Director - Ron Stow

Sports Director - Jacqueline Carlone

Jr. Lodge Director - Susan Stow

Scholarship Director - Sasha Aslanian

Foundation Director - Susan Stow

Newsletter Editor/Webmaster - Ingrid Bjorum

District 1 Liaison - Ron Stow

At-large Director - Lynn Hoffmeyer

Ex Officio Director - Dave Mutchler

Appointed Lodge positions to be Installed in January

Publicity - Leif Erickson

Facebook - Jana Stow Velo

Newsletter Staff - Ingrid Bjorum (editor), Lynn Hoffmeyer, Dave Mutchler, Don Halvorsen, Ron and Susan Stow, Mary Beth Mutchler

Auditors - Wayne Bjorum, Mary Beth Mutchler, Laura Sherman, Jennifer Stow

Trustees - LaRee Opdahl, Dave Hegdahl

Marshalls - Kathy Kaluza, Doug Peterson

Historian - Lenore Jesness

Musician - Susan Stow

Greeters - Maureen Austinson, Mary Beth Mutchler

Sunshine - Mary Beth Mutchler

Librarian - Joanne Englund

Genealogy - Cathie Reasoner, Fred Matson

Norsk Classes - Sheryl Hove

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4. Lefse Party: After request from member, Lefse Making Party at Good Samaritan of Maplewood Care Center on Sun, Nov 16th at 6 pm.
5. Festival of Nations: New co-chairs: Chuck and Jean Draheim, with Patty advising. Will add chairs near our booth for booth patrons to sit down and eat.
6. District 1 Board Meeting - Ron: Meeting was at Craguns, the site of District 1 in June 2020. Will need 4 delegates and 4 alternates. Remember: if you wish to attend the International Convention in Norway, you must first be a delegate/alternate at the District 1 Convention. Tickets available for Vocal Essence concert, first weekend of Advent, with song commissioned by SON to commemorate 125th anniversary.

Calendars available for \$12.50. Sign up tonight to get one at the next Lodge meeting.

John Nordale prize drawing winner.

Business meeting adjourned at 7:28 pm.

Program: 99th Battalion – the Viking Battalion, by Teegan Godfrey, introduced by Ron.

A very interesting and informative discussion the Viking Battalion's formation and work during World War II, up through their arrival in Oslo when they disarmed 250,000 German soldiers. 99th Viking Battalion monuments are scattered throughout Europe to commemorate their work.

Treat break! Special thanks to the volunteers who set-up, served and cleaned up.

Takk for mat!

Next Lodge Meeting scheduled for Tuesday, December 10, 2019 at Gustavus Adolphus Lutheran Church, 1669 Arcade St, St Paul, MN. Respectfully submitted, Heidi Slen Walsh

Norway's Christmas Markets

by Don Halvorson

Many cities in Norway have a tradition of opening Christmas markets during the holiday season. The most popular ones are found in the cities of Oslo, Trondheim, Bergen and Røros. Some can start as early as the middle of November and most offer crafts and traditional foods of the season.

In Norway's capital there are three markets. Just outside the city, Christmas at Bærums Verk runs from mid-November to December 23. As the tree lights are turned on, voices of many choral groups from the village fill the air with beautiful music. There are horse drawn sleigh rides, dog sledding, local play performances, and holiday porridge to keep one warm. A tiny house, stocked with timely gifts and homemade sweets, is a popular destination for anyone who comes by. In the Christmas market at the open-air Norsk Folkmuseum in Bygdøy, one can travel back in time to the way Christmas in Norway used to be. This event runs during the first two weekends of December, and includes over 100 stalls. Try a traditional favorite, sweet Hardanger Lefse fried on an iron griddle. In Santa's workshop, children can learn to make their own Christmas presents. Lose yourself in exhibits of early Norwegian cities, or enjoy the numerous early cabins, smallholdings and other buildings decorated for the season. Christmas Winterland, in downtown Oslo's Spikersuppa, is open from mid-November through December 30. Take a ride on a giant Ferris wheel for a breathtaking view of the city. There is also a skating rink, a Christmas workshop and many gingerbread decorations.

Bergen's Christmas market is also open from mid-November until the end of December. Besides stalls filled with clothing, Christmas decorations, festive foods and drinks, the main attraction is the world's largest Gingerbread Town. Kindergarten and school children contribute hours of their time to create a miniature replica of the city of Bergen in gingerbread.



Trondheim's Christmas market is held in the City Center in December. There are concerts, theatre performances and sleigh rides. Try the local food and beverages while sitting by the fire, being entertained by troubadours telling Norwegian popular folk tales. Time your visit there during the ethereal blue hour. Experience the blue glow and the thousands of tiny lights, giving the entire setting a feeling of a magical winter fairy tale.



A perfect destination to celebrate the spirit of

Christmas is in the northern mountain town of Røros. The weekend before the second Sunday of Advent, this small tourist community completely transforms its streets into a Christmas marketplace. People come from all over Norway to shop the stalls filled with local Christmas foods, and arts and crafts. Mulled wine, gingerbread and pottery are just a few of the popular items sold.

One market outside the major cities is also a seasonal destination. In Eastern Norway, there is a 120-stall market at Maihaugen, a popular large open-air folk museum in Lillehammer. Besides the usual gifts, there are lots of activities for children.

Like Oslo's Folk Museum, a number of buildings display the celebration of Christmas in Norway throughout the centuries. Rounding the south coast, there are markets in Stavanger, Egersund and Haugesund. On the west coast, besides Bergen and Trondheim, you'll find other markets in the city of Ålesund and in the northernmost city of Trømsø. The Christmas markets are popular with most Norwegians, but the crowds are smaller than they would be during the peak tourist season.

Christmas Markets in Norway - Life in Norway <https://www.lifeinnorway.net/christmas-markets-in-norway>
Here is 15 cozy Christmas markets in Norway <https://www.nordicchoicehotels.com/.../tradition-hygge-norwegian-christmas-markets>

Julebord

Signup Sheet for Julebord on Tuesday, Dec. 10, 2019, 6 p.m.

Everyone who comes is asked to bring a dish to share.

Call Sharon Amann 651-631-0399 or Jean Draheim 651-433-2008 to sign up.

Liver pate / crackers: _____

Sausage/Cheese/Crackers: Leslie O.

Meat (3 pounds each)

Potato sausage: _____,

Sliced ham: Ron & Susan S., _____

Meatballs: Ken B., _____, _____

Fish

Herring & crackers (1 qt): Maureen A., _____

Salmon (3 lb. fillet): Sharon F., _____

Shrimp (2-3 lb): John & Joanne N., Sheryl H.

Cheese Platter (2 lb. Sliced & Crackers)

Gjetost: _____

Bondøst: _____

Jarlsberg: _____

Lefse rollups: _____

Breads (2 loaves sliced, then sliced in half)

Cardamom: Dianne A.

Flatbrød: Lenore J.

Julekage: Dianne A.

Smørbrød (Open face sandwiches; 4 doz.

small): _____

Vegetables

Rødkål (red cabbage): _____, _____

Surkål (sweet/sour cabbage): Jean & Chuck D.

Beet Pickles (1 qt.): _____

Rutabagas/Carrots: Heidi W., _____

Sweet/Sour cucumbers: _____

Red potatoes with dill (5 pounds): _____

Desserts

Risengrøt (Rice pudding): _____

Christmas Cake: _____

Rømmegrøt: Pat C.

Dessert waffles and jam: Sue H.

Søtsuppe: (Fruit soup): _____

Cookies (4 dozen)

Krumkake: Susan S., _____

Sandbakkels: _____, _____

Rosettes: _____, _____

Spritz: _____, _____

Other Sandinavian specialties (Specify)

Almond Bars: Connie C.

Raspberry Jell-O Salad: John and Joanne N.

Lefse w/sweet filling: Ruth G.

Rice Dish: Sharon F.

Cranberry Salad: Bruce B.

We are also still looking for volunteers to help with the set-up, organizing the buffet, and clean-up. We will be starting the set-up at 4:30 p.m. on Dec. 10. Please call Sharon Amann at 651-631-0399 or email at slamann@comcast.net to help.

Help Wanted

Recording Secretary

This is a critical position for our lodge's continued success. For more information, please contact President Chuck Draheim (cmdraheim@aol.com) or Nominating Committee Chairperson Ron Stow (ron.stow12@icloud.com).

Community Outreach

Ruth Gibson will coordinate our lodge bell-ringing for the Salvation Army.

When: Saturday, December 7. Shifts are: 10 a.m. - Noon, Noon - 2 p.m., 2 p.m.- 4 p.m.

Where: Oakdale Fleet Farm

Who: Enthusiastic bell ringers, 2 people per shift preferred

Contact Ruth at 651-429-5572 Thanks!



For Information:

Chuck Draheim, President 651-433-2008 or cmdraheim@aol.com

Lowell Johnson, Vice President, jhnsn7440@msn.com

Ingrid Bjorum, Brevet Editor, ingrid@steinmetz.org

Norwegian Language Classes

"SON Norwegian Language Lessons"

No Class December 10.

Tuesday Class, January 14, 6:30-7 p.m. at Gustavus Adolphus Church before the meeting in the back corner

"Norsk Nordmenn og Norge" book & "Ny i Norge" book

Wednesday Class, December 11, 1-2:30 p.m. at SunRay Library, 2105 Wilson Ave., St. Paul, MN 55119

WELCOME to new members!

Please contact Class Facilitator Sheryl Hove at sherylhove@netzero.net or 651-738-4908 for information

Genealogy Group

The Genealogy Group does not meet in December.

The January Genealogy Group Meeting will be **January 4th** from 10 am to noon. New members are always welcome. The meeting will be at the Roseville Library in the Board Room. The Board Room is located on the 2nd floor by the periodicals. An optional lunch at a nearby restaurant will follow the meeting.

Hardanger Embroidery Class

- No class in December
- Contact Susan Stow burle103@aol.com or 651-439-7255 for more information.

European Christmas Market

The Peer Gynt dancers will add Norwegian flair to the European Christmas Market. The dancers will perform on Saturday, December at 7 p.m.

We would love to see lodge members at our performance and to join in!

<http://stpaulchristmasmarket.com/>

The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to our members.



Synnøve-Nordkap Lodge #1-008:

District 1 Lodge of the Year in 2013, Family Lodge of the Year in 2006, 2008, 2013, 2016, 2017

Visit Synnøve-Nordkap online: <https://synn-nord.org>

<https://www.flickr.com/photos/synnor/albums>

<https://peergyntdancers.wordpress.com/about/>

<https://www.facebook.com/SynnoveNordkap/>

Date and Time	Event	Location
Saturday, December 7, 10 - 4	Lodge Bell Ringing	Oakdale Fleet Farm 5635 Hadley Ave. N. Oakdale, MN 55128
Sunday, December 7, 7 - 8 p.m.	Peer Gynt Performance	Union Depot— East Plaza 214 E. 4th St. St. Paul, MN 55101
Tuesday, December 3, 6:30 p.m.	Board of Directors Meeting	Ramsey County Library Maplewood 3025 Southlawn Dr Maplewood, MN 55109
Tuesday, December 10, 6 p.m.	Julebord	Gustavus Adolphus Church 1669 Arcade St., St. Paul, MN 55106
Wednesday, December 11, 1-2:30	Norwegian Language Class	SunRay Library 2105 Wilson Ave. St. Paul, MN 55119

Junior Lodge

Folk art painting, rosemaling, came to the Norwegian countryside about 1750. Imagine a large farm house in Telemark, all made of wood. Perhaps a log surface to the walls, wooden ceilings with log beams. The furniture, most hand-made on the farm, is plain and serviceable without color or decoration. The economy was favorable, and farm owners sought to improve the appearance of their homes and belongings.

For the most part, rosemaling painters were self-taught. The artist would travel from place to place painting walls, ceilings, furniture, wooden boxes, looms, ale bowls,

porridge keepers, butter molds - practically any object the farm owner wanted decorated. Telemark style and Hallingdal rosemaling were the initial styles.

Rosemaling traveled to America when Norwegians immigrated with their beautifully painted wooden shipping trunks. Many trunks have a rounded dome top so that other trunks can't be stacked on top. The trunk would have the date, name of the person and often their home town or destination. Does your family have a rosemaled trunk?

For us as beginners, it is challenging enough to paint the basic strokes on paper. Think about how it would be to paint a trunk, a chair, a bowl or a wall.

Special thanks to: Netta Hillegass, Alycia & Logan Regino, Astri & Killian Stow and Kaia Velo for helping to serve at the Torsk and Meatball Dinner! Your help was greatly appreciated! You received many compliments from the dinner guests.

Saturday, December 7th our junior lodge dancers will be at Union Depot, from 7 - 8 p.m.. This is a festive outdoor performance. Dancers will be wearing their bunads with Norwegian sweaters on top and Scandinavian type hat & mittens. We will perform just about every dance we know with some audience participation numbers at the end.

One of our favorite meetings all year is **Baking Day** on Saturday, December 14th. Hands on activities are fun, plus the reward is taking home a tin of goodies we have made. What a great way to end a year of junior lodge activities!



The Peer Gynt dancers performed at the St. Croix Syttende Mai Society's November 14th event at the Bradshaw Celebration of Life Center in Stillwater.