



**SONS OF
NORWAY**

SynNor Brevet

Synnøve-Nordkap
Lodge #1 - 008

December 2018
Issue Number 18 - 11



Front Page News

'Tis the Season for Julebord!

Don't miss our annual lodge favorite, the Julebord holiday feast! This year's holiday celebration will be held on December 11th starting at 6:30 p.m. No tickets or reservations are required. All lodge members are invited and are asked only to bring a dish to share. See the president's message to sign up.

This beautiful holiday feast will include all of our Scandinavian favorites such as: liver pate and crackers, potato sausage, meatballs, herring, salmon, shrimp, cheese, breads, Rødkål (red cabbage), Surkål (sweet/sour cabbage), beet pickles, rutabagas/carrots, sweet/sour cucumbers, red potatoes w/dill, fruit, Risengrøt (rice pudding), Rømmegrøt, dessert waffles and jam, Søtsuppe (Fruit soup), cookies, Krumkake, Sandbakkels, Rosettes, Spritz, and lefse!

Entertainment will be provided by Toll Free.



Toll Free is a creative handbell quartet offering an entertaining variety of music for all seasons. The ringers, former members of local community handbell ensembles *Bells of the Lakes* and *Twin Cities Bronze*, wanted to create an opportunity to ring bells in a new, challenging and exciting way.

The quartet owns five octaves of Schulmerich handbells. The group manages to ring a majority of the bells, from C₃ to C₈ (that's 60 bells in all) by using creative techniques. The art of weaving bells, playing four-in-hand (two bells in each hand), passing bells between ringers and using multiple mallets are the norm.

Creative assignments (a specialty of the quartet) often cause the bells to be moved out of keyboard order. The creative set-ups take a bit of time, but the results are worth the wait!

Fra Presidenten

Dear Members,

God Jul and multiplied blessings to you as we enter into the Christmas season, and please don't forget ***The Reason for the Season***.

This is a particularly busy and/or stressful time of the year. It seems as though we get caught up in the "busy-ness" of it all and forget to take time to be thankful and to count our blessings for what we DO have. We also need to be mindful of many who find the holidays painful and empty as they miss and remember loved ones who are no longer near or here. I can't help but believe that we, as members of this Lodge, are like extended family to one another. The fellowship we have at regular get-togethers, but especially at our Julebørd, can mean so very much to everyone.

The entertainment for the Julebørd this year is the gift of music—in the form of 4 bell ringers using 64 bells! Warm up your voices because we are going to be singing Christmas songs.

Also, we need you to sign up to bring that wonderful, good, Scandinavian food item to share with the rest of us. If you have not already done so, please call me at 651-631-0399 or email me at slamann@comcast.net to select your item to bring. The sign-up lists are on separate pages here in the Brevet.

Please remember things will be a bit different this year. We have decided to have the hors d'oeuvres combined with the actual Julebørd. We will begin serving at 6:30P so we need your food there before we can serve it to the eaters. Please have it there by 6:10PM 😊

Blessings to you at this especially joyous time,
Sharon



Board Meeting Minutes, 06November 2018

Attendees: Sharon Amann, Ron and Susan Stow, Dianne Anderson, Chuck and Jean Draheim, Ingrid Bjorum, Lynn Hoffmeyer, Par Carlson, Sasha Aslanian, Naomi Hagen, Dave and Mary Beth Mutchler, and Heidi Walsh.

Sharon began the meeting by thanking everyone for their help and work to make the Torsk & Meatball Dinner and Silent Auction Fundraiser (T&M) a big success. None of us heard negative feedback, and there were multiple comments regarding the quality of the food.

Dave then introduced Heidi Walsh, who volunteered at the October meeting for the office of Recording Secretary and was attending to get her feet wet. Everyone introduced themselves and gave Heidi a brief description of their involvement in the lodge.

We reviewed the October meeting. Susan observed that while the presenters and dogs were well-received, there was no well-defined ending to the program. This resulted in no thank you's and time for questions, and left Sasha, who had her own story to add, in an awkward place. Sharon agreed that she should have formally ended the program.

We reviewed the T&M dinner fundraiser. The T&M Committee had met for a dinner discussion immediately before the Board meeting; we followed a well organized and rather detailed agenda developed by Sharon. At the Board meeting Jean and Chuck presented the financials, which indicated a gross of more than \$3000 for the combined dinner, Silent Auction, and Marketplace. Mary Beth said we had 95 adults and 1 child 6-12, making our attendance comparable to recent years. The Bake Sale sold out. We can thank Susan Stow for the excellent table decorations.

We previewed the November meeting with Andrea Herkert presenting on Rosemaling. Mary Beth has been in contact with Andrea, who is eager to share her considerable knowledge and love of this unique art form, including its place in Norwegian culture. Andrea has an interesting and informative program. She will be introduced by Mary Beth.

We previewed the upcoming Julebørd, which is December's meeting. This year we will combine the hors d'oeuvres and the dinner into one serving and announce tables by number to more evenly distribute the food. Mary Beth has been in contact with the bell ringers. There are only 4 of them and 64 bells! They have 4 sing-along songs. We could use a committee for Julebørd; Sharon will try to get volunteers at the November meeting. **We need leaders in the lodge outside the Board.** (Board Meeting Minutes continued on page 3)

Secretary's Report

Ingrid Bjorum has volunteered to take over the lodge website next year. She doesn't write code herself, and was sounding out the Board on our willingness to support the cost of using a web tool to help. Chuck/Dave made and seconded a motion to have Ingrid look into a solution costing up to \$30/month and report back to us. The motion passed unanimously. Ingrid will want some help from Dave for her search.

Pat Carlson reported on our 2019 Festival of Nations planning. She will attend the first planning meeting on Sunday.

Sasha Aslanian brought three handouts for 2019 lodge scholarships. Besides the scholarships for summer camp and post-secondary study, there is now a Nordic Experiences Fund which adults can use to deepen their understanding and appreciation of their Nordic heritage and have some fun. There will be more information on this at our January meeting from Sasha. In the meanwhile, she asked Dave to put the three 2019 applications on our website.

Susan Stow gave a Junior Lodge report. Their study of Sami culture is proceeding nicely, with the bracelets nearly complete. They are working on songs with both Norwegian and Sami words. At 1:00 PM on Sunday, December 2 they will again dance at the European Market at the Union Depot in Saint Paul. See <https://peergyntdancers.wordpress.com/> for more information.

Ron addressed our 2019 Slate of Officers. Heidi has agreed to take over as Recording Secretary in January. Connie Chrissis was also interested, and can provide back-up to Heidi in addition to taking over the Lodge Directory. She is also willing to send out e-blasts as needed. The Nominating Committee is still following up on a couple of other offices.

Zone 9 Director Jan Osmonson will officiate at our January 8 Installation of Officers for 2019.

Jean gave a Treasurer's Report, complete with handouts.

Chuck Draheim gave a Membership and Recruiting report. We had 8 new members join in October.

The next board of directors meeting will be held at 7:00 PM on Tuesday, December 4 in the Board Room at the Maplewood Library.

Submitted by: Dave Mutchler, Secretary

Lodge Meeting on November 13, 2018

46 members and guests attended our November lodge meeting. President Sharon Amann started our business meeting with the three anthems and the Pledge of Allegiance. We welcomed visitor Doris Kamsta from the SON Main Office. Doris works with recruitment and visits lodges. She brought us a gift of the awesome book "Norway: Portrait of a Nation" as well as four 2018 SON Christmas ornaments. Connie Chrissis brought her husband Andy as a guest.

We celebrated the November birthdays of members Maureen Austinson, Jean Draheim, Clayton Lance, and Susan Stow. There were no November anniversaries.

We then recognized our veterans to an impressive video and music from each branch of our military service, courtesy of Chuck Draheim. Then everyone sang "God Bless America", accompanied by musician Norma Erickson.

The minutes from October were approved as printed in the Brevet.

Ron Stow read the full slate of prospective 2019 officers as chairman of the nominating Committee (Ron, Sheryl Hove, and Lenore Jesness). They will be elected in December and installed at our January meeting by Zone 9 Director Jan Osmonson.

Susan Stow gave a brief report on our Junior Lodge, with emphasis on their appearance at the European Christmas Market at 1:00 PM on Sunday, December 2, at the Saint Paul Union Depot, 2nd floor. With parking below, all members are encouraged to come and support our dancers and celebrate the holidays at this traditional market celebration.

Sharon Amann spoke about scholarships for Sasha Aslanian, who could not be present. She emphasized the new Nordic Experiences Scholarship for adults, which is an opportunity to have fun while expanding your cultural heritage in an area of your choosing. See the scholarship page on our website for more information.

Sharon also praised us all for our efforts regarding the recent Torsk and Meatball Dinner and Fundraiser, which raised more than \$2000 toward scholarships and programs for our lodge.

Ruth Gibson spoke on our Salvation Army Bell Ringing, which will be on Saturday, December 1 from 10:00 AM to 4:00 PM, again at Mills Fleet Farm on Hadley Avenue in Oakdale. With shifts of only 2 hours, supported by hot chocolate and even a stool, this is a wonderful opportunity to support our lodge community outreach. Ruth even plans to bring her cow bell! Contact her to sign up.

Sharon Amman announced our upcoming Julebord on December 11. This year the hors d'oeuvres will be combined with dinner, with service to begin at 6:30 PM. Sharon Kalmes had sign-up sheets for dishes to bring and for Set-up and Clean-up volunteers. We will be entertained by "Toll Free", a local group of 4 bell ringers with 64 bells. There will again be a chance to sing Christmas carols.

Sharon then ended the business meeting and Mary Beth Mutchler introduced our speaker, Andrea Herkert. Andrea gave a wonderfully interesting presentation on Rosmaling and the role it has played in Norwegian culture and history. She brought some very nice pieces for display and explained the differences in regional styles.

We closed the meeting with coffee, juice, and treats provided by Dianne Anderson, Lowell Johnson, and Char Lance, with stabbur decorations from the Stows. Tusen takk!

Submitted by Dave Mutchler, Secretary

Our Lodge

2019 Nominations for Lodge Offices in Synnove-Nordkap 1-008

These positions are the elected officers make up the Lodge Board of Directors and will be voted on at the December lodge meeting

President - Chuck Draheim

Vice President - Lowell Johnson

Recording Secretary - Heidi Walsh/Connie Chrissus (directory)

Executive Secretary - Jennifer Stow

Treasurer - Jean Draheim

Membership Secretary - LaRee Opdahl/Connie Chrissus

Social Directors - Pat Carlson, Dianne Anderson

*Cultural Director - OPEN

Counselor - Sharon Amann

District 1 Liaison - Ron Stow

Sports Director - Jacqueline Carlone

Jr. Lodge Director - Susan Stow

Scholarship Director - Sasha Aslanian

Foundation Director - Susan Stow

Newsletter Editor/Webmaster - Ingrid Bjorum

Appointed Lodge positions who will be installed in January

Publicity - Leif Erickson

Facebook - Jana Stow Velo

Newsletter staff - Ingrid Bjorum - editor, Lynn Hoffmeyer, Dave Mutchler, Don Halvorson, Ron and Susan Stow, Mary Beth Mutchler

Auditors - Wayne Bjorum, Mary Beth Mutchler, Laura Sherman, Jennifer Stow

Trustees - LaRee Opdahl, Dave Hegdahl

Marshalls - Kathy Kaluza, Doug Peterson

Historian - Lenore Jesness

Musician - Norma Erickson

Greeters - Maureen Austinson, Mary Beth Mutchler

Sunshine - Mary Beth Mutchler

Librarian - Joanne Englund

Genealogy - Cathie Reasoner, Fred Matson

Norsk Classes - Sheryl Hove

Do you have a child or grandchild interested in attending Norwegian language camp? Do you have a high school senior heading off to college or trade school next fall? Have you always wanted to learn to knit a Sami hat, carve a wooden spoon, or rediscover the Norwegian art of printing on sheepskin?

Synnøve Nordkap Lodge is proud to offer generous scholarships to our members and their families!

The Nordic Experiences Fund was created last year to encourage adult members to try a class or experience to enhance their knowledge of Nordic culture. We had ZERO applicants! Surely there's more interest than that! Please visit the Synnove Nordkap website (click on "Scholarship Info" in the left-hand column) to find application materials and deadlines. Camp scholarship applications are due February 15th. Post-Secondary and Nordic Experiences applications are due March 15h.

As always, thank you to our hardworking members who raise these scholarship funds through our booth at Festival of Nations and the Torsk and Meatball Dinner.

Questions? Please contact Lodge Scholarship Coordinator Sasha Aslanian sashaaslanian@gmail.com or 612-720-1021.

Trondheim's Nidaros Cathedral

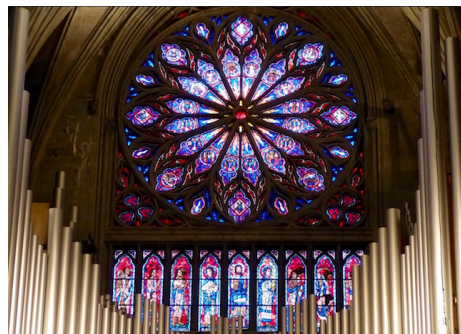
by Don Halvorson

Every year 400,000 tourists arrive from all over the world to visit this popular site in Trondheim. It is the largest church in Scandinavia, and the northernmost cathedral in Europe. It is also Europe's most popular pilgrim destination, and the site where Norwegian coronations and royal blessings take place. Built over the martyred remains of St. Olav it stands on the site of several churches built before it.

Probably the first thing you'll see is the steel-structured green copper steeple. The cathedral walls are built mainly from soapstone. The architectural style is a combination of Romanesque- Norman and Gothic. Beginning at the west front, a wall that is covered nearly top to bottom with statues of prophets and saints. A number of sculptors were commissioned between 1905 and 1983, to complete the largest art project in Norway's history.

At the North Transept, the most used entrance and the oldest part of the church, the exterior Romanesque round-headed windows are a dominant feature. Ornamentation on the north porch entrance is done in the Norman style. Gardens in front of the north entrance are covered with old moss-covered tombs and monuments.

The east end, with its eight-sided Octagon, is built in the Gothic style and dates from the 1180's. Above the east facing windows is a statue of St. Olav, sculpted by Gustav Vigeland in 1906. Above the sculpture is the coat of arms of the 16th Century Archbishop, Erik Valkendorf, who was responsible for a major restoration of the church during his reign. On the south side of the Octagon wall is a richly ornamented door that leads inside the church. This is called the Bishop's Door. On either side of the door are the remains of kissing-crosses. Above the door also is another coat of arms of Archbishop Vakendorf.



The entry on the south wall, the Archbishop's Entrance, is the most detailed entrance in the church. Built from 1220-1230, it has three

levels of ornamentation depicting the story of Adam and Eve. Between the doors is a relief of Madonna-and-Christ by Stinius Fredriksen around 1931.

The high Gothic arches in the interior of the church are supported by 100 huge pillars. Multiple rows of chairs provide much of the seating. Near the top of the center arch appears a large statue of Jesus Christ. A relief on the baptismal font pictures Jesus being baptized by Saint John. The ornate High Alter, dated from 1882, was a gift from Oscar II of Sweden who was crowned there. The alter artwork, inspired by Saint Olaf's medieval shrine, recounts the Battle of Stiklestad and his resulting sainthood. In 1930, the church received a Russian Icon from Norwegian businessman, R. Zeiner Henriksen. Named *The Savior of the Wet Beard*, his eyes appear to follow any viewer that passes by him.

The cathedral's stained glass windows were designed and created by a Trondheim engineer and artist, Gabriel Kielland. In collaboration with a theologian and church historian, Oluf Kolstad, the project was completed between 1908 and 1934. The windows on the north wall depict scenes from the Old Testament, and on the south, scenes from the New Testament. The most accomplished stained glass window is the large Rose Window on the west wall. The theme of the window is the Day of Judgement. When lit by the setting sun, it illuminates most of the church's interior. Two organs in the vaults of the church provide the music experience. The oldest, the Wagner baroque organ, dated 1738-40 is often used for playing the music of Bach. The main organ, the Stienmeyer, was commissioned in 1930 on the 900th anniversary of the Battle of Stiklestad.

Nidaros Cathedral and the Archbishop's Palace Nidaros Cathedral Restoration Workshop Publishers, Trondheim 1998
The Nidaros Cathedral in Trondheim, Norway
<http://SupremeMasterTV.com>

Julebord

Sign-up Sheet for Julebord on Tuesday, Dec. 11, 2018

Liver pate / crackers: Pam Bjorum,
Sharon Windey

Meat (3 pounds each)

Potato sausage: Norma Erickson,

_____,
Sliced ham: Susan Stow, _____,

_____,
Meatballs: _____, _____,

Fish

Herring & crackers (1 qt): Rosanna Wunrow,
Arline Carlson

Salmon (3 lb. fillet): Lowell Johnson, Mary
Beth Mutchler

Shrimp (2-3 lb): Sheryl Hove, Maureen
Austinso

Cheese Platter (2 lb. Sliced & Crackers)

Gjetost: Cathie Reasoner

Bondøst: _____

Jarlsberg: Lenore Jesness

Lefse rollups: _____

Breads (2 loaves sliced, then sliced in half)

Cardamom: Dianne Anderson

Flatbrød: Axel & Scott Torvi

Julekage: _____

**Smørbrød (Open face sandwiches; 4 doz.
small):** _____

Vegetables

Rødkal (red cabbage): Sharon Kalmes,

Surkål (sweet/sour cabbage): _____

Beet Pickles (1 qt.): Joanne Englund

Rutabagas/Carrots: _____,

Sweet/Sour cucumbers: Heidi Walsh

Red potatoes with dill (5 pounds):

Desserts

Risengrøt (Rice pudding): _____

Christmas Cake: _____

Rømmegrøt: Pat Carlson

Dessert waffles and jam: Sue Halvorson

Søtsuppe: (Fruit soup): _____

Cookies (4 dozen)

Krumkake: Kathy Kaluza, Draheims

Sandbakkels: _____,

Rosettes: JoAnn Hogenson, _____

Spritz: _____,

Other Sandinavian specialties (Specify)

Salmon Cold Pizza: Lisa Mutchler_____

Jell-O Salad: Nordales

Shrimp w/Dip: Nordales

***** **Volunteers Needed** *****

to drink hot cider, snack on goodies, and ring the bell to raise money for the Salvation Army on behalf of our lodge. Please see the Bulletin Board notice for more details!

Bulletin Board

Important News

I just wanted to let all the lodge members know that I have decided to relinquish my position as Sons of Norway Financial Benefits Counselor at the end of December 2018.

Although that is the case, I want to take this opportunity to let everyone who is a member of the lodge know that both Marge and I have enjoyed the friendship and fellowship of all the lodge members that we have met during the last two years.

Although I will no longer be your Financial Benefits Counselor, Marge and I continue to operate our office – Minnesota Insurance Service Agency (MISA) in Woodbury, MN. Although we may not see you at meetings, we are always available to answer any insurance concerns that you may have.

Marge and I wish all of you a Happy Thanksgiving and a joyous Christmas Holiday season.

Paul & Marge Dormody
Minnesota Insurance Service Agency
1818 Wooddale Drive, Ste 203
Woodbury, MN 55125
pdormody@mwisa.com
651-731-5358

Community Outreach

Ruth Gibson will coordinate our lodge bell-ringing again this year.

When: Saturday, December 1, 2 hour shifts

Where: Oakdale Fleet Farm

Who: 2 people per shift preferred

Contact Ruth at 651-429-5572 Thanks!

For Information: Sharon Amann, President

651-631-0399 or slamann@comcast.net

Chuck Draheim, Vice President 651-433-2008

Ingrid Bjorum, Brevet Editor ingrid@steinmetz.org

Norwegian Language Classes

- Tuesday, December 11, NO CLASS
- "Norsk Nordmenn og Norge" & "Ny i Norge"
Wednesday, December 12, 1 - 2:30
- See calendar for dates & locations
- WELCOME to new members!
- Please contact Sheryl Hove at 651-738-4908 or sherylhove@netzero.net for information.

Genealogy Group

The Genealogy Group does not meet in December. Holiday gatherings with families are a good place to start gathering information about your family tree. Bring that information to the January 5, 2019 meeting at the Shoreview Library, 4570 North Victoria Street, Shoreview, MN 55126 from 10 am to noon. The group will help you get started organizing your information and researching your family tree. An optional lunch at a nearby restaurant will follow the meeting.

Hardanger Embroidery Class

- No class in December
- Upcoming classes: January 25th and February 15th
- 10 AM - Noon at Susan and Ron Stow's home at 103 East Burlington, Stillwater, MN.
- Please bring a very sharp small embroidery scissors.
- Contact Susan Stow burle103@aol.com or 651-439-7255 for more information.

European Christmas Market

The Peer Gynt dancers will add Norwegian flair to the European Christmas Market. The dancers will perform on Sunday, December 2 at 1:00 p.m. We would love to see lodge members at our performance and to join in!
<http://stpaulchristmasmarket.com/>

The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to our members.



Synnøve-Nordkap Lodge #1-008:

District 1 Lodge of the Year in 2013, Family Lodge of the Year in 2006, 2008, 2013, 2016, 2017

Visit Synnøve-Nordkap online: <http://synnove1.com/>

<https://www.flickr.com/photos/synnor/albums>

<https://peergyntdancers.wordpress.com/about/>

<https://www.facebook.com/SynnoveNordkap/>

Date and Time	Event	Location
Saturday, December 1, 10 - 4	Lodge Bell Ringing	Oakdale Fleet Farm
Sunday, December 2, 1:00 pm	Peer Gynt Performance	Union Depot— East Plaza 214 E. 4th St. St. Paul, MN 55101
Tuesday, December 4, 7:00 pm	Monthly Board of Directors Meeting	Ramsey County Library - Maplewood 3025 Southlawn Dr Maplewood, MN 55109
Tuesday, December 11, 6:30 pm	Julebord	Gustavus Adolphus Church 1669 Arcade St., St. Paul, MN 55106
Wednesday, December 12, 1-2:30	Norwegian Language Class	SunRay Library 2105 Wilson Ave. St. Paul, MN 55119

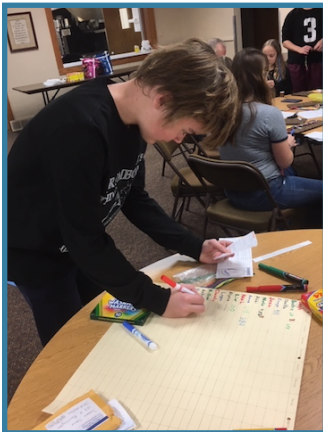
Junior Lodge

Our November Sami topic centered around migration. Comparing the Sami proverb: “It is better to be on a journey than to stay put in one place” expresses the difference between the nomadic culture and the Norwegian view, “Being away is good but being home is best.”

We watched two brief YouTube videos on migration managed by ATV's in the summer and snowmobiles in winter. In the past, wooden sleds would have been harnessed to reindeer to carry the drovers.

Grazing land is over 40% of Norway in the counties of Finnmark, Troms, Nordland, Trondelag and Hedmark. Earmarks on a reindeer is sort of a license registration.

More weaving of Sami bracelets for those who didn't finish in October. We worked on our dances for the European Christmas Market performance at Union Depot, Sunday, December 2nd at 1:00. We would love to see Synnøve-Nordkap senior lodge members at the event to try out a new audience participation dance. In Norway, the dance is called the *Trans-Atlantic Mixer*, but in the U.S. it goes by the name *Paper Plate Mixer*. That name shift happened when some Norwegians were teaching Americans the dance and only had the back of a paper plate on which to write the directions. Come to the Dec. 2nd event and give this dance a try!



Keeping track of points for sports medals



Creating a Sami flag



Weaving a Sami bracelet